Caring for Uniforms

You want your child to look and feel his or her best. You also want the uniforms you’ve invested in to last. Below are some suggestions to help uniforms meet the dress standard and to stay in top condition.

Laundering Tips

• use a quality detergent
  (additives can cause pilling and fading)
• turn garments inside out
• zippers, snaps and buttons should be fastened before washing to prevent snags
• wash similar weight fabric and colors together
• pre-treat stains, collars, and cuffs with stain removal products before washing
  (machine washing and drying without pre-treating may set stains permanently)
• do not use chlorine bleach; non-chlorine bleach is recommended as needed
• use dryer sheets instead of fabric softener

<table>
<thead>
<tr>
<th>Clothing Item</th>
<th>Wash Temp</th>
<th>Wash Cycle</th>
<th>Non-Chlorine Bleach</th>
<th>Tumble Dry</th>
<th>Iron</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skirts, Jumpers, and Culottes</td>
<td>cold/warm</td>
<td>gentle</td>
<td>no</td>
<td>low/medium</td>
<td>warm</td>
</tr>
<tr>
<td>Sailor Blouse</td>
<td>cold/warm</td>
<td>normal</td>
<td>yes</td>
<td>low/medium</td>
<td>warm</td>
</tr>
<tr>
<td>Oxford Shirt</td>
<td>warm</td>
<td>normal</td>
<td>yes</td>
<td>medium</td>
<td>warm**</td>
</tr>
<tr>
<td>Knit Polo</td>
<td>cold</td>
<td>normal</td>
<td>yes*</td>
<td>low</td>
<td>cool</td>
</tr>
<tr>
<td>Sweaters</td>
<td>warm</td>
<td>normal</td>
<td>no</td>
<td>low</td>
<td>no</td>
</tr>
<tr>
<td>Pants/Shorts</td>
<td>cold</td>
<td>normal</td>
<td>no</td>
<td>low</td>
<td>warm</td>
</tr>
</tbody>
</table>

*whites or light colors only  **place a thin cloth over the crest

Keeping Uniforms Fresh Between Ironing

• avoid high temperatures when washing and drying
• remove items promptly from washer or dryer and hang
• while still damp, finger press pleats on skirts and hang on a skirt hanger
• fold the pants with the crease and hang by the bottoms of the pants on a pant hanger
• button top or second button and straighten collar on shirts
• avoid leaving uniform items on the floor; hang immediately after wearing

Ironing 100% Polyester Items (jumpers, skirts, culottes)

Dry cleaner pressing or home pressing is recommended two to three times a school year to sharpen the pleats.

• use the lowest steam setting; items will melt at higher temperatures
• do not use spray starch
• keep the iron moving slowly so the fabric does not melt
• arrange pleats in their proper place
• wait for pleats to cool before moving to the next section

(Visit scholarwear.com and click on the Press Those Pleats! link to see a short video showing how easy it is to keep pleats looking like new.)